

Consumer & Family Advisory Committee Meeting Minutes
April 9, 2018
Forsyth Wellness Center
650 N. Highland Ave. Suite 130, Winston Salem, NC 27101

Committee Members	Voting Member
	Present = P
	Absent = A
CFAC Chair – Obie Johnson	P
Mary Anneckelli	P
Bill Donohue	A
Tim Flavin	A
Dennis Lynch	P
Mary Miller	P
Matt Potter	P
Sarah Potter	P
Julie Whittaker	A
Gladys Christian	A
Pam Goodine	P
Ricky Graves	P
Glenda Smith	P
Terry Cox	P
Kelly Owens	P
Staff	Non- Voting
Bob Scofield-Member Engagement Specialist, CFAC Liaison-Cardinal	P
Rhonda Blair-Project Support Specialist, CFAC Clerk- Cardinal	P
Stacey Inman- Member Engagement Manager- Cardinal	P
Guests	Non-Voting
Della Bailey	Present
Joan Lynch	Present
Jonathan Gromatzky	Present
Christine Gromatzky	Present
Tammy Anderson	Present
Susan Thompson- Via Phone Call	Present

Call to Order/Introduction

Obie Johnson

Obie Johnson, Chair, called the meeting to order at __5:45__ p.m, followed by a moment of silence and introductions.

Agenda and Minutes Approval

Obie Johnson

Obie requested that members look over minutes and agenda for approval. Minutes and agenda were approved by CFAC members with no objections.



Public comments

Open

Jonathan Gromatzky, a CFAC guest addressed the issue with the severe time frame of the Forsyth County's I/DD waitlist. Mr. Gromatzky stated his concern that his son has been on the waitlist for 13yrs, which is since his son was 2yrs old. Their daughter, who is their only support is leaving for college and they will soon have no support for their son which could result in his wife having to leave her job to take care of their son. Mrs. Gromatzky suggested there be assistance for new members completing the forms to request services as it was very confusing when she completed the form for her son, which may have resulted in some errors that possibly delayed their son's wait further. Mr. and Mrs. Gromatzky's desire would be to start with at least 30 hrs of respite care and assistance with getting their son off the bus during the school year so his wife can continue to work. Bob Scofield offered to give the couple his card after the meeting so he could assist them in getting connected with some resources, Terry Cox will follow up with Bob for further assistance.

Reports Cardinal Innovations/ LBP

Stacey Inman/ Bob Scofield

Member Engagement Manager, Stacey Inman reviewed the LBP with CFAC members. The LBP includes various initiatives such as Transitional Community Living, ACTT, Supportive Employment and Crisis Enhancement as well as preventative initiatives such as Community Engagement and Member Engagement. There was discussion regarding the payscale for I/DD Supportive Employment and the concern that employees are being paid sub minimum wage. It was determined that the payscale is a case by case aspect and not universal, therefore every employee of supportive employment may not receive sub minimum wage. CFAC members will advocate for no less than minimum wage for Supportive Employment participants. Sarah Potter suggested CFAC members make recommendations to the State to increase minimum wage for Supportive Employment. Stacey recommended CFAC request someone from the state department to come and explain supportive employment. LBP meetings will be held July, November, January and May. CFAC members were encouraged to submit any concerns or recommendation regarding the LBP to Bob Scofield at any time. Bob will follow the process to have them submitted to the Office of Regulatory Affairs.

Old Business

Obie Johnson/ Mary Miller

Budget

Mary Miller emailed the proposed budget to all CFAC members. She informed them that the proposed budget had to be emailed to Anna Marshall (Yon) due to time constraints. It was mentioned that since the last meeting was canceled due to inclement weather, the proposed budget was not discussed or voted on by all CFAC members and was not of consensus. It was suggested if anyone has any issues with the budget proposal to email their concerns to Anna, this will need to be done prior to July 1st. Ricky Graves stated the total amount requested in the proposed budget was \$19,131. Terry Cox will advocate for approval of budget.

a) Stipends/ Mileage

Mary Miller informed CFAC members they are entitled to a stipend and mileage per meeting. There was no further discussion regarding Stipends and Mileage.

b) Trainings/Bonnie Schell

Mary Miller informed CFAC members if they need to apply for Bonnie Schell funds they can get the application from the Cardinal website or call Bob. She explained, once the application is completed it will need to be sent to Jane Clark and Jane will send the application to Executive CFAC for approval. She further explained the Bonnie Schell Scholarship only covers the cost of the training. To request payment of mileage and hotel accommodations the member will need to get approval from CFAC first, then the member will need to submit supporting documentation to Bob Scofield to be processed. Terry Cox will advocate for a simpler

process to receive funds for trainings. At the next Board meeting he will recommend there be one process to receive funds for trainings, mileage and hotel accommodations. Pam Goodine asked if a CEU could be given to Peer Support Specialists for trainings they attend. It was determined that currently only certificates are given to Peer support specialists for trainings; however Stacey Inman will inquire if a CEU can be given as well.

Reports from MH/SUD, I/DD

Dennis Lynch spoke about a new program called "Two Generations" that will be implemented by Rasheeda Shakley. This will be an educational program focused on single mothers and the economical issues they face in their families. The program will offer ongoing trainings to assist with their economical issues. Rasheeda will seek a grant from CFAC to supplement those efforts. Sarah Potter gave an update on the transportation meeting that was held the morning of April 9, 2018. She mentioned Cardinal has almost \$4,000,000 dollars for reinvestment and that there is a deadline of May 1st for people to write a grant for a non profit if there is a need in the community. Mrs. Potter reported a need in Forsyth County for transportation for members with various disabilities. Mrs. Potter mentioned forming a mini pilot with Renard from "Driven by Design" to start a proposal for a transportation grant. In addition, she stated seed money will possibly be needed from I/DD and MH/SUD advisories. The committee is requesting 10 riders for a week to plot a map of a limited number of places to go in the city. The pilot will hopefully consist of 5- I/DD, 5- MH/SUD and 1- veteran member. The next meeting will be Friday at 1:00pm at the Highland Center where they will put all of the details together. Information on the riders will need to be given to Renard by April 10th. Currently there are 5 I/DD riders in consideration and Tara Tucker has requested 1 Vet, as it is a huge issue for Veterans to pick up their meds and get to appointments. This pilot will be designed for Medicaid and Non-Medicaid recipients. Information for potential members can be given to Melissa Bunker. As an FYI, Terry Cox mentioned that Wake Forest uses a transportation service called Faith Health that will take members to doctor appointments free of charge.

State CFAC, Community board, and/or Corporate Board Updates

Obie, Mary, Matt

Due to the Community Board meeting being held this coming Thursday, April 12, 2018, Matt Potter had no updates at this time. Terry Cox gave updates regarding the Corporate Board, he mentioned the finance committee met and Cardinal is doing well financially. He reported the Board is pleased with the change of Cardinal and the level of commitment of the new Board and the newly appointed CEO, Trey Suttan and feels the outlook is positive. Sarah Potter reminded the Triad CFAC members of the upcoming State CFAC meeting that will be held Wednesday, April 11, 2018 from 8:30am – 3:00pm. A topic of conversation will be Advocacy Day which will be held on May 22, 2018 at the Legislative Building in Raleigh.

New Business & Action Steps

Obie Johnson/ Mary Miller

1) Summit Update/ Subcommittees

Terry Cox reported the subcommittee discussed ways to better communicate to the Board. The current process of communicating to the Board as the current process has been unsuccessful. Terry feels the Chairperson of the local CFAC should be allowed to go directly to the Cardinal Board so there are no misinterpretation of information. Terry mentioned there is not much representation from Stokes county and very limited representation from Rockingham. He presented the idea of using Skype through the wellness centers for people who are in rural areas. Mary Miller reported on the summit in Burlington. The three priorities CFAC members were interested in becoming subcommittees were communications, membership by-laws and Legislative advocacy, they hope to have a plan in place by this coming fiscal year, July 1st. Sarah Potter gave an update on the Advocacy/Legislative Committee. She reported the committee feels there is a need to better define advocacy and advisory to eliminate any confusion. They expressed their concern for a more direct path of communication with the Corporate Board due to occurrences where information was not received by the Board. It was believed there was a statutory requirement that all information go through Executive CFAC and that the configuration could not be changed but Ms. Potter discovered that it could. It was mentioned the committee felt the six statutory requirement could be better revised, removing the confusing layers and different calendars.

They would prefer it defines what happens when there is a snow day and CFAC meetings have to be postponed to a later date. The Committee proposed there be an electronic suggestion box as a form of communication for anyone who wishes to make a comment or voice a concern that would receive a timely response. The committee viewed a map to consider if it would make more sense to reconfigure all CFACS so that regions with more common problems such as rural vs urban were better aligned with one another.

2) Annual Report to the Community Board

Mary Miller

Mary Miller referred CFAC members to the annual report located in their folder for review. Sarah Potter will present the annual report to the Community Board.

3) By-Laws/ Relationship Agreement

Sarah Potter

Sarah Potter suggested waiting until the Corporate Board meets to find out what their vision and mission is before rewriting CFAC by-laws and relationship agreements. Susan Thompson advised the members not to wait for the Board to decide the structure of CFAC but rather present the structure they would like to see to the Board. She recommends Triad CFAC consult with members of the other local CFACs to discuss the best structure for the twenty counties and come to a consensus on the best idea to present to the Board of Directors. Terry Cox stated he will make recommendations to the Board as CFAC feel it is necessary, in addition, Susan Thompson offered to provide assistance to CFAC members as well.

4) Client Rights Committee

CFAC Members

There is currently no Triad member on the Client Rights Committee. CFAC wanted to research if the line had been changed that stated CFAC members cannot be on the Client Rights Committee. If not, what is the rationale.

5) Orientation Packet (if time permits)

Bob Scofield

Due to time constraints the discussion regarding the orientation packets was tabled until the next meeting on May 14, 2018.

6) Advocacy Day (line item added by Obie Johnson and seconded by members during meeting)

Sarah Potter stated, the person in charge of Advocacy Day is Martha Brock from State CFAC. She informed Triad CFAC members the Advocacy Day Committee would like every CFAC to give their top 3 concerns to present to Legislature regarding what they would like to see going forward with Medicaid Transformation. The committee will compose the top five to be presented at the press conference that will be held on May 22nd from 8:00am-4:00pm in Raleigh at the Legislative bldg. The committee is requesting that people meet face to face with their local representatives to tell their stories in order to make a greater impact. Matt Potter made a motion to vote on the top three items, it was approved and properly seconded by the CFAC members with no objections. The top three items Triad CFAC agreed to is listed under action steps below. Sarah Potter ensured CFAC members that although they need the three items tomorrow, members can still meet with their state legislature to discuss their concerns.

Action steps

Top 3 concerns to be given to Advocacy Committee:

- 1) CFACs are protected in statutes regardless of any or all Medicaid reforms.
- 2) Maintenance of a public behavioral health care that supports integrative care and maintaining the voices of the recipients of services and their families which will be taken away with private insurance
- 3) Removing the existence of the waitlist regardless if it is I/DD or MH/SUD

Check the Client Rights Committee guidelines to see if the rule that states a CFAC member cannot join has been removed.

Community Involvement Updates

May 1, 2018, Cardinal will host a Forsyth County town hall meeting and narcan kit assembly. CEO, Trey Suttan will give an update on Cardinal affairs and how Cardinal is serving the members, providers and communities.

May 22nd, there will be a press conference from 8:00am-4:00pm in Raleigh at the Legislative bldg in addition to Advocacy Day.

May 30, 2018, there will be a Triad MH event featuring speaker, Kevin Hines.

Flyers for the town hall meeting and the Triad MH Event are included in CFAC members information folders.

Comments & Adjournment

Meeting was adjourned by Obie Johnson and second by CFAC members at 8:15pm

Next Meeting- 5/14/2018

Forsyth Wellness Center

650 S. Highland Ave.

Winston Salem, NC 27101

Submitted by:

Rhonda M. Blair

4/12/18

Name/Title and date