

Consumer & Family Advisory Committee Meeting Minutes
February 12, 2018
4045 University Parkway

Committee Members	Voting Member Present = P Absent = A
CFAC Chair – Obie Johnson	A
Mary Anncelli	P
Bill Donohue	P
Tim Flavin	A
Dennis Lynch	P
Mary Miller	P
Matt Potter	P
Sarah Potter	P
Julie Whittaker	P
Gladys Christian	A
Pam Goodine	P
Ricky Graves	A
Glenda Smith	P
Terry Cox	P
Staff	Non- Voting
Member Engagement Specialist, Bob Scofield	P
Stacey Inman- Member Engagement Manager	P
Lindsay Locklear, Amanda Smith, Tim Simmons, Chelsea Bullins	P
Rhonda Blair- Project Support Specialist-Triad	P
Guests	Non-Voting
Kelly Owens- New Member- Will submit application next month, per Mary Miller.	Present
Kanesha Coleman- Additional note taker	Present
Kelly Friedlander- Conference Call	Present
Susan Thompson	Present

Call to Order/Introduction**Mary Miller**

Chair Elect, Mary Miller, called the meeting to order at __5:46__ p.m.

Per Mary Miller, Obie Johnson is out of town and is unable to attend. Mary Miller is acting Chair for this meeting in Obie Johnson's absence. Ms. Miller called the meeting to order followed by a moment of silence. Ms. Miller introduced new member Kelly Owens. CFAC members and Member engagement Staff welcomed and introduced themselves to Mr. Owens.

Consent Agenda and Minutes Approval**Mary Miller**

There were no changes to the Agenda for this meeting. Mary Miller motioned to approve November's minutes with no changes. Minutes were approved by Bill Donahue and second by Sarah Potter. Ms. Miller motioned to approve December's minutes with a request to remove Bobby Crayton's name as a member from the CFAC minutes. December minutes were approved with corrections by Sarah Potter and seconded by Matt Potter. No disapprovals were voiced.

Public comments**Open**

There were no public comments

Presentation- Member Engagement**Stacey Inman/ Member
Engagement Specialists**

Stacey Inman, Member Engagement Manager for the Triad region introduced the Member Engagement specialists by region and spoke briefly about the role of Member Engagement and the benefits of Member Engagement and CFAC working together. Stacey also mentioned the Zip Code Project. ME conducted a study to identify the zip codes in our 20 counties that were under served. They chose two zip codes from each county and the focus will be to get Cardinal Programming and collaboration on site in those counties to make it easier for members in the community to attend. Member Engagement Specialist and CFAC liaison, Bob Scofield spoke about an upcoming two day mental health awareness event that will be held May 24th thru May 25th. This event will feature Kevin Hines, a renowned speaker on mental illness. Bob also mentioned there will be a youth track and an adult track that members will be able to sign up for. Member

Engagement Specialist, Tim Simmons spoke about the upcoming I/DD awareness event, Together We are One that will be held March 29th at the Enrichment Center. Bill Donahue mentioned Cardinal should also be a part of the upcoming Advocacy Conference that will be held in March at the enrichment center. Mr. Donahue also expressed that others should be aware that the Enrichment Center is also a part of the ARC, because he wasn't sure everyone was aware of that fact. There was some discussion about the MH Community Collaboratives regarding what they are about and who attends them. It was explained that the collaboratives are not run by Cardinal, but are mandated by the state and run by System of Care. It was suggested to contact Kim Morgan for more information regarding community collaboratives. The collaborative meetings for the Triad region are as follows: Forsyth-every 4th Monday from 12:00 pm-1:30 pm at the Cardinal Triad office, Stokes-every 3rd Tuesday from 3:00 pm-4:00 pm, Davie-every 3rd Tuesday from 10:00 am-11:30 am and Rockingham-every 4th Tuesday from 2:00 pm-3:30 pm.

Cardinal Innovations Reports/ Old Busines

**Kelly Friedlander/
CFAC Members**

It was mentioned to CFAC members that the Triad Fosyth office is scheduled to be closed by April 1st and the meeting will need to be held at a different location. At 6:39 pm, Bob Scofield called Kelly Friedlander for a phone conference to go over the regional report. Ms. Friedlander mentioned two changes, which included first, CFAC has a solid understanding of their core responsibilities and secondly, CFAC would like to be kept abreast of Triad Cardinal's internal teams/committees and operations. Mary Miller questioned if there would be any changes to the six statutory requirement. Susan Thompson responded, "no, not at this time". It was mentioned there were issues meeting attendance quota. Dennis Lynch asked "how many meetings is CFAC required to have?" Julie Whitaker's response was "Triad meets monthly, not just with Cardinal staff." Glenda Smith asked if CFAC can vote on how many meetings they have or are all CFAC required to have the same number of meetings? The response was yes, you can vote and they do not have to be the same as other CFACs. It was mentioned there will be an upcoming summit on March 3rd in Burlington where there will be a brief overview of the regional report and an update from interim CEO, Trey Sutton.

Terry Cox asked if an agenda could be mailed or emailed prior to the event? Kelly responded yes, by late next week. A reminder email will be sent to everyone. Sarah Potter asked Kelly if members could email questions to her regarding the report after they have time to read it? the response was yes. Ms. Friedlander also mentioned she could be contacted at 919-330-0777.

Reports from MH/SUD, I/DD

CFAC Members

It was mentioned that Tara Tucker is working on creative ideas regarding the opioid epidemic and SUD. There was a discussion regarding the registry of unmet needs. There were concerns that the services are becoming greater and the slots are few. Matt Potter mentioned the NC legislature determines how many slots there will be for the registry. Sarah Potter mentioned the importance of writing letters to remind the state legislators that CFAC voices need to be heard. Ms. Potter also mentioned other things to be aware of, which included lower number of people receiving Medicaid, the decrease of people eligible for Medicaid, and being aware for Medicaid charging premiums for working people, even if they are part time and Medicaid setting lifetime Caps. Ms. Potter suggested listening to the live I/DD subcommittee meetings at NCleg.net and signing up for alerts for meeting dates and times.

State CFAC, Community board, and/or Corporate Board Updates

Dennis Lynch/Sarah Potter/Susan Thompson/ Matt Potter

Dennis Lynch presented a letter to the Board to be given to the legislators regarding support for CFAC committees. The response from the Board was positive and well received. The Board introduced the new Medical Director and the letter was turned over to the new MD for further action. CFAC was impressed with the new Board. Susan Thompson mentioned State CFAC meetings are held the second Wednesday of the month from 8:30am-3:00pm and she asked if anyone calls in to the meetings to please mute their phones to avoid distractions. The agenda has been posted on the division website. It was mentioned there is no representative from the community boards at the State CFAC meeting and being connected would be a good plan. It was mentioned to make a motion at the next CFAC meeting for Bill Thompson to be the representative. It was also mentioned that a rotation

process for the meetings should be put in place to allow members to attend more regularly. Mary Anecelli asked if there could be microphones at the meetings, as it is difficult to hear without them. Matt Potter mentioned there was not a lot to report regarding the Community Board. There was discussion around information received from Ronda Tatum at one of the meetings regarding ARCA's interest of obtaining the old Springwood Care Center, so they can use the space as a rehab center. Members of CFAC thought this was a great idea. Susan Thompson recommended CFAC members read the state plan regarding Medicaid and NC Tides.

New Business & Action Plan Review

Mary Miler/ CFAC Members

Members of CFAC welcomed new CFAC member Kelly Owens. CFAC Members agreed there should be training on the parliamentary procedures and that it should include executive CFAC. Nothing has been put in place yet for the training. There was brief discussion regarding the Cardinal Innovations Community newsletter, Karen Cimino would like to interview Obie Johnson, Chair for Triad CFAC. They would also like to hear from CFAC on a monthly basis. It was mentioned to please let Obie, Sarah or Mary Miller know if a member has anything to add to the newsletter.

Action Steps

CFAC Members

Sarah Potter mentioned the Board would like more specific details in the letter regarding bottom up. It was suggested putting together an Ad Hoc committee that consist of Dennis Lynch, Bill Donnahue and Sarah Potter. It was also mentioned that CFAC should come up with ground rules concerning how the CFAC meetings are run or start implementing Roberts Rules.

Recruitment and Membership Efforts

Triad CFAC is full

Community Involvement Updates- Trainings/ conferences/ Events

- 1) Two day mental health awareness event that will be held May 24th thru May 25th at Winston Salem State University in Winston Salem.
- 2) I/DD awareness event, Together We are One that will be held March 29th at the Enrichment Center

- 3) A Summit meeting will be held on March 3rd in Burlington
- 4) State CFAC meetings are held the second Wednesday of the month from 8:30am-3:00pm
- 5) Executive CFAC will be held February 22nd
- 6) The collaborative meetings for the Triad region are as follows:
Forsyth-every 4th Monday from 12:00pm-1:30pm at the Cardinal Triad office, Stokes-every 3rd Tuesday from 3:00pm-4:00pm, Davie-every 3rd Tuesday from 10:00am-11:30am and Rockingham-every 4th Tuesday from 2:00pm-3:30pm

Comments & Adjournment

Pam Goodine asked if CFAC could use money from the CFAC funds to pay for trainings when there is not enough time to request a Bonnie Schell Scholarship? Susan Thompson suggested sending an email to Anna Yon and Jane Clark to ask how to obtain money for trainings when there is short notice. It was also mentioned that CFAC needs more money in their budget. Susan Thompson suggested CFAC put together a budget proposal with specific details on what the money is for and submit it to Anna Yon. Bob Scofield asked CFAC Members if they were willing to get together with all regional CFAC and Advisory Committees for a meeting with Interim CEO, Trey Sutton. All were in favor. Meeting was adjourned by Mary Annecelli at 8:04 pm and seconded by Terry Cox.

Submitted by:

Rhonda Blair/ Project Support Professional, 2-15-18

Name/Title and date